Psalms 57

For the director of music. To the tune of "Do Not Destroy." Of David. A miktam . When he had fled from Saul into the cave.

v1 Have mercy on me, O God, have mercy on me, for in you my soul takes refuge. I will take refuge in the shadow of your wings until the disaster has passed. v2 I cry out to God Most High, to God, who fulfills purposefor me. v3 He sends from heaven and saves me, rebuking those who hotly pursue me; Selah God sends his love and his faithfulness. v4 I am in the midst of lions; I lie among ravenous beasts-- men whose teeth are spears and arrows, whose tongues are sharp swords. v5 Be exalted, O God, above the heavens; let your glory be over all the earth. v6 They spread a net for my feet-- I was bowed down in distress. They dug a pit in my path-- but they have fallen into it themselves. Selah v7 My heart is steadfast, O God, my heart is steadfast; I will sing and make music. v8 Awake, my soul! Awake, harp and lyre! I will awaken the dawn. v9 I will praise you, O Lord, among the nations; I will sing of you among the peoples. v10 For great is your love, reaching to the heavens; let your glory be over all the exalted, O God, above the heavens; let your glory be over all the exalted, O God, above the heavens; let your glory be over all the exalted, O God, above the heavens; let your glory be over all the earth.

THE SECRET TO FACING OUR FEARS!!!

TWO UNDENEIGHABLE FACTS

- 1 **TROUBLE FACES US ALL.**
- 2 THE FAITHFULNESS OF GOD IS ALWAYS PRESENT

TWO CONTRACTING EMOTIONS

- 1 FEAR Emotions that REACT.
- 2 FAITH Emotion that REASONS

TWO LASTING RESPONCES

- 1 **INTERNAL PEACE**.
- 2 **EXTERNAL PRAISE**

CONCLUSION

Think of JESUS in the garden.

NOT MY WILL BUT THINE BE DONE?